

העמידה המשיחית

A Messianic Amidah

[The Amidah is recited standing, with feet together, facing Jerusalem. In Messianic tradition, it acknowledges both the God of Israel and Yeshua as Messiah. This version contains mystical kavanot (intentions) drawn from Kabbalistic and Hasidic traditions, along with imagery from the Book of Revelation.]

Opening Meditation

Kavanah: *Before beginning the Amidah, visualize yourself standing before the Throne of Glory as described in Revelation 4. See the sea of glass, clear as crystal, and the four living creatures around the throne. Envision the twenty-four elders casting their crowns before the One seated on the throne. As taught by the Hasidic masters, prepare your heart as a sanctuary (mishkan) for the Divine Presence to dwell within you.*

[Take three steps backward, then three steps forward, symbolizing entering the Divine Presence]

Opening verse: "Adonai, open my lips, that my mouth may declare Your praise." (Psalm 51:15)

THE FIRST THREE BLESSINGS (PRAISE)

1. אבות ומשיח / AVOT U'MASHIACH (Patriarchs and Messiah)

Blessed are You, LORD our God and God of our ancestors, God of Abraham, God of Isaac, and God of Jacob; God of Sarah, Rebecca, Rachel, and Leah; the great, mighty, and awesome God, the Most High God, who bestows loving kindness and creates all things. You remember the faithfulness of our ancestors and in love bring redemption to their children's children for Your name's sake.

You have revealed Yourself as the Aleph and Tav, the First and the Last, the Beginning and the End. As it is written, "Grace and peace to you from him who is, and who was, and who is to come, and from the seven spirits before his throne, and from Yeshua the Messiah, who is the faithful witness, the firstborn from the dead, and the ruler of the kings of the earth." (Revelation 1:4-5)

Remember us for life, O King who delights in life, and inscribe us in the Book of Life, for Your sake, O living God. King, Helper, Savior, and Shield.

Blessed are You, LORD, Shield of Abraham and Revealer of Mysteries.

2. גבורות / GEVUROT (Divine Power)

You are eternally mighty, O LORD; You give life to the dead; You have great power to save.

You sustain the living with loving kindness, resurrect the dead with great mercy, support the falling, heal the sick, free the captives, and keep faith with those who sleep in the dust. Who is like You, Master of mighty deeds, and who resembles You, O King who causes death and restores life and makes salvation sprout?

As it is written, "I am the Living One; I was dead, and now look, I am alive for ever and ever! And I hold the keys of death and Hades." (Revelation 1:18)

Faithful are You to revive the dead.

Blessed are You, LORD, who revives the dead.

3. קדושת השם / KEDUSHAT HASHEM (Sanctification of God's Name)

You are holy and Your Name is holy, and holy beings praise You daily, Selah!

"Day and night they never stop saying: 'Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come.'" (Revelation 4:8)

Our eyes shall behold Your dwelling place in Zion, as Isaiah the prophet declared: "Holy, holy, holy is the LORD of hosts; the whole earth is full of His glory!" (Isaiah 6:3)

Then the voice of a great multitude cried out: "Hallelujah! For our Lord God Almighty reigns. Let us rejoice and be glad and give him glory! For the wedding of the Lamb has come, and his bride has made herself ready." (Revelation 19:6-7)

Blessed are You, LORD, the Holy God.

Kavanah: Drawing from the Dead Sea Scrolls' Songs of the Sabbath Sacrifice, imagine joining the angelic priesthood in their eternal worship. Visualize yourself ascending through the seven heavenly palaces (heikhalot) until reaching the divine throne, where you join the seraphim in their threefold sanctification.

THE MIDDLE BLESSINGS (PETITIONS)

4. דַּעַת / DA'AT (Knowledge)

You graciously bestow knowledge upon humanity and teach understanding to mortals. Graciously bestow upon us from You: knowledge, understanding, and insight.

Reveal to us the mysteries of Your Torah as through a door standing open in heaven. As it is written, "I will give you the treasures of darkness and hidden riches of secret places, that you may know that I, the LORD, who call you by your name, am the God of Israel." (Isaiah 45:3)

Open our eyes to behold wondrous things from Your Torah, and may we understand with the Mind of Messiah, having eyes to see and ears to hear what the Spirit says to the communities of faith.

For You are the giver of wisdom and the revealer of mysteries.

Blessed are You, LORD, who graciously bestows knowledge.

Kavanah: *According to Hasidic teaching, contemplate how Da'at (knowledge) serves as the bridge between Chochmah (wisdom) and Binah (understanding). Envision the divine light of wisdom descending into your mind, illuminating the hidden connections between all things.*

5. תְּשׁוּבָה / TESHUVAH (Repentance)

Return us, our Father, to Your Torah; draw us near, our King, to Your service; and bring us back to You in perfect repentance.

As it is written, "Remember the height from which you have fallen! Repent and do the things you did at first." (Revelation 2:5)

May we overcome and not have our names blotted out from the Book of Life, but be dressed in white garments and acknowledged before the Father and His angels.

Blessed are You, LORD, who desires repentance.

6. סְלִיחָה / SELICHAH (Forgiveness)

Forgive us, our Father, for we have sinned; pardon us, our King, for we have transgressed; for You are a good and forgiving God.

As it is written, "To him who loves us and has freed us from our sins by his blood, and has made us to be a kingdom and priests to serve his God and Father—to him be glory and power for ever and ever!" (Revelation 1:5-6)

For in Your abundant mercies, You have provided us with the Lamb of God who takes away the sin of the world, cleansing us with hyssop that we may be clean, washing us that we may be whiter than snow.

Blessed are You, LORD, gracious One who abundantly forgives.

Kavanah: *As taught by the Baal Shem Tov, envision your soul being purified in the celestial mikveh (ritual bath), immersed in divine mercy. See your garments being washed in the blood of the Lamb, becoming radiant white, suitable for those who stand before the throne.*

7. גאולה / GEULAH (Redemption)

Behold our affliction and fight our battle; redeem us speedily for Your Name's sake, for You are a mighty Redeemer.

As it is written, "And they sang a new song, saying: 'You are worthy to take the scroll and to open its seals, because you were slain, and with your blood you purchased for God persons from every tribe and language and people and nation.'" (Revelation 5:9)

May we be counted among the great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and before the Lamb, holding palm branches and crying out with a loud voice: "Salvation belongs to our God who sits on the throne, and to the Lamb!" (Revelation 7:9-10)

Blessed are You, LORD, Redeemer of Israel.

Kavanah: *Following Hasidic teaching, see redemption not as a distant future event but as a reality breaking into the present moment. Envision the divine light of redemption penetrating the klipot (husks of impurity) that conceal holiness in everyday life.*

8. רפואה / REFUAH (Healing)

Heal us, O LORD, and we shall be healed; save us and we shall be saved, for You are our praise. Bring complete recovery for all our ailments and all our wounds, for You are the faithful and merciful God of healing.

As it is written, "On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations." (Revelation 22:2)

May the healing power of Messiah flow through our bodies, souls, and spirits, for he took up our infirmities and carried our diseases.

Blessed are You, LORD, who heals the sick.

9. ברכת השנים / BIRKAT HASHANIM (Blessing of the Years)

Bless for us, O LORD our God, this year and all its crops for the best, and grant dew and rain for blessing on the face of the earth. Satisfy us from Your bounty, and bless our year like the good years.

As we await the day when "there will be no more death or mourning or crying or pain, for the old order of things has passed away" (Revelation 21:4), sustain us with Your provision as You sustained our ancestors with manna in the wilderness.

Grant us to eat from the hidden manna and to drink from the water of life that flows from the throne of God and of the Lamb.

Blessed are You, LORD, who blesses the years.

Kavanah: *Drawing from Hasidic teachings, see divine abundance flowing into the world through your gratitude. Envision the shefa (divine flow) of blessing descending from the upper worlds into the physical realm, sustaining all life.*

10. קיבוץ גלויות / KIBBUTZ GALUYOT (Ingathering of Exiles)

Sound the great shofar for our freedom, raise a banner to gather our exiles, and gather us together from the four corners of the earth.

As it is written, "After this I saw four angels standing at the four corners of the earth, holding back the four winds of the earth... Then I saw another angel coming up from the east, having the seal of the living God. He called out in a loud voice to the four angels who had been given power to harm the land and the sea: 'Do not harm the land or the sea or the trees until we put a seal on the foreheads of the servants of our God.'" (Revelation 7:1-3)

Gather Your people Israel from among the nations, and with them a great multitude that no one could count, from every nation, tribe, people and language, to stand before Your throne.

Blessed are You, LORD, who gathers the dispersed of His people Israel.

11. דין וצדק / DIN V'TZEDEK (Justice)

Restore our judges as in former times, and our counselors as at the beginning; remove from us sorrow and sighing. Reign over us, You alone, O LORD, with kindness and compassion, with righteousness and justice.

As it is written, "Look, he is coming with the clouds, and every eye will see him, even those who pierced him; and all peoples on earth will mourn because of him. So shall it be! Amen. 'I am the Alpha and the Omega,' says the Lord God, 'who is, and who was, and who is to come, the Almighty.'" (Revelation 1:7-8)

May we stand firm in the day of judgment, our names written in the Lamb's Book of Life, clothed in the righteousness of Messiah.

Blessed are You, LORD, the King who loves righteousness and justice.

Kavanah: *Drawing from both Kabbalah and the Dead Sea Scrolls, contemplate the balance between din (judgment) and rachamim (mercy). Envision the scales of cosmic justice being perfectly balanced through the mediating work of the Messiah, who embodies both attributes.*

12. ברכת המינים / BIRKAT HAMINIM (Against Heretics)

For the slanderers let there be no hope; and let all wickedness perish in an instant. May all Your enemies be speedily cut off, and the kingdom of arrogance be uprooted and crushed speedily in our days.

As it is written, "Then I saw a beast coming up out of the sea... The dragon gave the beast his power and his throne and great authority... He was given power to wage war against God's holy people and to conquer them. And he was given authority over every tribe, people, language and nation." (Revelation 13:1-2,7)

But You, O LORD, will triumph over all evil, for "they will wage war against the Lamb, but the Lamb will triumph over them because he is Lord of lords and King of kings—and with him will be his called, chosen and faithful followers." (Revelation 17:14)

Blessed are You, LORD, who breaks enemies and humbles the arrogant.

Kavanah: *According to Hasidic teaching, see this prayer not as directed against people but against the spiritual forces of evil. Envision the shattering of the kelipot (husks of impurity) that obscure divine light, allowing holiness to shine through all creation.*

13. צדיקים / TZADDIKIM (The Righteous)

Upon the righteous, the pious, the elders of Your people the house of Israel, the remnant of their scholars, the righteous converts, and upon us, may Your compassion be aroused, O LORD our God.

As it is written, "These are they who have come out of the great tribulation; they have washed their robes and made them white in the blood of the Lamb. Therefore, they are before the throne of God and serve

him day and night in his temple; and he who sits on the throne will shelter them with his presence."
(Revelation 7:14-15)

Grant a good reward to all who sincerely trust in Your Name, and may our portion be placed with them forever. May we be found among the assembly of the firstborn, whose names are written in heaven.

Blessed are You, LORD, the support and trust of the righteous.

Kavanah: *Drawing from Zoharic teachings, contemplate how the tzaddikim (righteous ones) serve as channels of divine blessing into the world. See yourself as part of this chain of transmission, receiving light from those who came before and passing it on to future generations.*

14. בנין ירושלים / BINYAN YERUSHALAYIM (Rebuilding Jerusalem)

To Jerusalem, Your city, return in mercy, and dwell within it as You have promised. Rebuild it soon in our days as an eternal structure, and speedily establish in it the throne of David.

As it is written, "I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. And I heard a loud voice from the throne saying, 'Look! God's dwelling place is now among the people, and he will dwell with them.'" (Revelation 21:2-3)

May we enter through its gates of pearl, walk on its streets of gold, pure as transparent glass, and dwell in the light of Your glory, for "the city does not need the sun or the moon to shine on it, for the glory of God gives it light, and the Lamb is its lamp." (Revelation 21:23)

Blessed are You, LORD, who builds Jerusalem.

Kavanah: *Following Lurianic Kabbalah, visualize the heavenly and earthly Jerusalem merging into one. See the divine city descending as the culmination of tikkun olam (repairing the world), where all the scattered lights are gathered into perfect harmony.*

15. מלכות בית דוד / MALCHUT BEIT DAVID (Kingdom of David)

The offspring of Your servant David speedily cause to flourish, and enhance his pride through Your salvation, for we hope for Your salvation all day long.

As it is written, "Then I saw a Lamb, looking as if it had been slain, standing at the center of the throne... He went and took the scroll from the right hand of him who sat on the throne." (Revelation 5:6-7)

May the kingdom of the world become the kingdom of our Lord and of his Messiah, the Lion of the tribe of Judah, the Root of David, who will reign for ever and ever.

Blessed are You, LORD, who causes the pride of salvation to flourish.

16. שמע קולנו / SHEMA KOLEINU (Hear Our Voice)

Hear our voice, LORD our God; spare us and have compassion upon us, and accept our prayer with mercy and favor, for You are a God who hears prayers and supplications.

As it is written, "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me." (Revelation 3:20)

May we have ears to hear what the Spirit says to the congregations, and may our prayers rise before You like incense, the lifting up of our hands as the evening sacrifice.

Blessed are You, LORD, who hears prayer.

Kavanah: *Drawing from the Zohar, visualize your prayers as birds ascending to the heavenly palace. See the gates of prayer opening before you as you approach the divine throne, your words carried by the angels who attend to the prayers of the saints.*

THE FINAL THREE BLESSINGS (THANKSGIVING)

17. עבודה / AVODAH (Temple Service)

Be pleased, O LORD our God, with Your people Israel and their prayer. Restore the service to the Holy of Holies of Your Temple, and accept with love and favor the fire-offerings of Israel and their prayer. May the worship of Your people Israel always be acceptable to You.

As it is written, "Another angel, who had a golden censer, came and stood at the altar. He was given much incense to offer, with the prayers of all God's people, on the golden altar in front of the throne. The smoke of the incense, together with the prayers of God's people, went up before God from the angel's hand." (Revelation 8:3-4)

May we be found among those who serve You day and night in Your temple, a kingdom of priests offering spiritual sacrifices acceptable to God through Messiah Yeshua.

Blessed are You, LORD, who restores His Presence to Zion.

Kavanah: *Following the traditions of the merkavah mystics and the Dead Sea Scrolls community, see yourself participating in the heavenly worship alongside the angels. Envision the fusion of earthly and celestial sanctuaries, where your prayers join the eternal liturgy before the throne.*

18. הודאה / HODA'AH (Thanksgiving)

We acknowledge to You, LORD, that You are our God, as You were the God of our ancestors forever and ever. You are the Rock of our lives, the Shield of our salvation in every generation.

We thank You and recount Your praise, for our lives that are delivered into Your hands, for our souls that are entrusted to You, for Your miracles that are with us every day, and for Your wonders and favors at all times—evening, morning, and noon.

As it is written, "Then I heard every creature in heaven and on earth and under the earth and on the sea, and all that is in them, saying: 'To him who sits on the throne and to the Lamb be praise and honor and glory and power, for ever and ever!'" (Revelation 5:13)

For all these things, may Your Name be blessed and exalted, our King, forever and ever.

Blessed are You, LORD, whose Name is Goodness, and to whom it is fitting to give thanks.

Kavanah: *According to Hasidic teaching, see gratitude as the foundation of spiritual life. Envision your thanksgiving joining the cosmic chorus of praise that sustains all worlds, from the highest heavens to the lowest depths.*

19. שלום / SHALOM (Peace)

Grant peace, goodness, and blessing, life, grace, kindness, and mercy, to us and to all Israel, Your people.

Bless us, our Father, all of us as one, with the light of Your countenance. For in the light of Your countenance You gave us, LORD our God, the Torah of life and the love of kindness, righteousness, blessing, mercy, life, and peace.

As it is written, "Then the angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb down the middle of the great street of the city." (Revelation 22:1-2)

May we drink from this river and find healing for our souls and for the nations, until that day when "God's dwelling place is among the people, and he will dwell with them. They will be his people, and God himself will be with them and be their God. He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away." (Revelation 21:3-4)

Blessed are You, LORD, who blesses His people Israel with peace.

Kavanah: *Drawing from Lurianic Kabbalah, envision peace as the perfect harmony of all the sefirot. See the divine attributes of mercy and judgment reconciled in perfect balance, as all creation returns to its intended wholeness.*

CONCLUDING MEDITATION

[Take three steps back, bow left, right, and center]

May He who makes peace in His high places, make peace upon us and upon all Israel, and upon all who dwell on earth. And let us say: Amen.

Kavanah: *As taught by the Hasidic masters, see yourself as a vessel carrying the prayers of this Amidah back into the world. Envision the boundaries between heaven and earth dissolving as you bring the light of this encounter into every aspect of creation.*

The Messianic Amidah combines traditional Jewish liturgical forms with apocalyptic imagery from Revelation and the mystical traditions of Judaism. Select blessings are accompanied by a kavanah (spiritual intention) drawn from Jewish mystical teachings, creating a bridge between ancient prayer and messianic hope.