

Messianic Jewish Prayer Liturgy for Complete Shalom

Opening Blessing

Baruch atah Adonai Eloheinu, Melech ha'olam, asher natan lanu et Yeshua HaMashiach, Sar Shalom.

Blessed are You, Lord our God, King of the Universe, who has given us Yeshua the Messiah, Prince of Peace.

Kavanah (Intention)

Before beginning, take three deep breaths and set your intention:

I stand before You, Avinu Malkeinu (Our Father, Our King), seeking Your perfect shalom in every dimension of my being. As it is written, "You will keep in perfect peace those whose minds are steadfast, because they trust in You" (Isaiah 26:3). In the name of Yeshua, who gives peace not as the world gives, I open my heart to receive Your complete shalom.

The Shema

Begin with the central affirmation of faith:

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

Shema Yisrael, Adonai Eloheinu, Adonai Echad

Hear, O Israel: The Lord our God, the Lord is One.

Baruch shem kevod malchuto le'olam va'ed

Blessed is His glorious name whose kingdom is forever and ever.

Prayer for Mental Shalom

Ribbono Shel Olam (Master of the Universe), renew my mind as it says in Your Word, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind" (Romans 12:2).

I release all anxious thoughts, worry, and fear to You. As the prophet Isaiah proclaimed, "You will keep in perfect peace those whose minds are steadfast, because they trust in You" (Isaiah 26:3).

Through Yeshua HaMashiach, I receive Your thoughts of shalom—clarity, focus, and divine wisdom. Let Your peace that surpasses all understanding guard my mind in Messiah Yeshua (Philippians 4:7).

Response: Amein.

Prayer for Physical Shalom

El Rafa (God our Healer), I seek Your healing shalom for my body. As it is written, "I am the Lord, who heals you" (Exodus 15:26).

Yeshua HaMashiach bore our infirmities and carried our diseases (Isaiah 53:4). By His wounds we are healed.

Strengthen my body as a dwelling place for Your Ruach HaKodesh (Holy Spirit). May I honor You with my body as a living sacrifice (Romans 12:1) and experience the vitality and strength that comes from Your shalom.

Response: Amein.

Prayer for Spiritual Shalom

Avinu Shebashamayim (Our Father in Heaven), I seek deeper communion with You. Draw me close to Your presence where there is fullness of joy (Psalm 16:11).

Through the sacrifice of Yeshua, I enter Your holy presence with confidence. Fill me with Your Ruach HaKodesh (Holy Spirit) and guide me in all truth.

As King David wrote, "Create in me a pure heart, O God, and renew a steadfast spirit within me" (Psalm 51:10). Let Your shalom reign in my spirit, that I may worship You in spirit and in truth.

Response: Amein.

Prayer for Emotional Shalom

El Rachum v'Chanun (Merciful and Gracious God), heal the broken places within my heart. You are "close to the brokenhearted and save those who are crushed in spirit" (Psalm 34:18).

I bring before You my emotions—my joys and sorrows, hopes and disappointments. Transform my mourning into dancing, my grief into joy (Psalm 30:11).

In Yeshua's name, I release all bitterness, anger, and unforgiveness. Replace these with Your love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23).

Response: Amein.

Prayer for Financial Shalom

Adonai Yireh (The Lord Who Provides), I acknowledge that all I have comes from You. "The earth is the Lord's, and everything in it" (Psalm 24:1).

Grant me wisdom to steward well what You have entrusted to me. As Your Word says, "Honor the Lord with your wealth, with the firstfruits of all your crops" (Proverbs 3:9).

I trust in Your promise that You will meet all my needs according to Your glorious riches in Messiah Yeshua (Philippians 4:19). Let Your financial shalom—balance, provision, and generosity—characterize my life.

Response: Amein.

Prayer for Relational Shalom

Av HaRachamim (Father of Compassion), You have called us to "live in harmony with one another" (Romans 12:16). Heal and restore my relationships with family, friends, community, and those I struggle to love.

Give me a heart of compassion, kindness, humility, gentleness, and patience (Colossians 3:12). Help me to forgive as You have forgiven me through Messiah Yeshua.

Let me be a vessel of Your shalom in every relationship, "If it is possible, as far as it depends on me, to live at peace with everyone" (Romans 12:18).

Response: Amein.

Closing Prayer

Recite the Aaronic Blessing:

בָּרַךְךָ יְהוָה וַיִּשְׁמְרֶךָ
יְאֹר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ
יִשְׂאָא יְהוָה פָּנָיו אֵלֶיךָ וַיַּשֵּׁם לְךָ שְׁלוֹם

Y'varechecha Adonai v'yishmerecha

Ya'er Adonai panav eilecha vichuneka

Yisa Adonai panav eilecha v'yasem l'cha shalom

May the Lord bless you and keep you

May the Lord make His face shine upon you and be gracious to you

May the Lord lift up His countenance upon you and give you peace

(Numbers 6:24-26)

Final Blessing

Through Yeshua HaMashiach, Sar Shalom (Prince of Peace), I receive Your complete shalom—nothing missing, nothing broken. As it is written, "The peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus" (Philippians 4:7).

Oseh shalom bimromav, Hu ya'aseh shalom aleinu, v'al kol Yisrael, v'imru: Amein.

May the One who creates peace in the heavenly realms create peace for us and for all Israel, and we say:
Amen.